



1775 Powder Mill Road • York, PA 17403 • (717) 741-0961

**Waffle Wit**

Q: What do you call a waffle on a California beach?

A: A sandy Eggo.

**A Gift of Lightning**

Thunderstorms aren't an uncommon occurrence on warm, steamy summer nights, and while the noise and light show may not be the best sleeping companions, they can—in specific circumstances—leave interesting gifts behind. Fulgurite, sometimes called fossilized lightning, occurs when lightning strikes sand, leaving behind irregularly shaped, naturally created glass. Fulgurites can form in both sandy areas (like beaches) or in rocky areas (like mountains).

**Record-Setting High**

The summer heat may have you sweating it out, but compare it to this scorcher: The mercury hit 134 degrees Fahrenheit in July 1913 at Furnace Creek Ranch in California's Death Valley, setting the record for highest air temperature ever recorded.

**Memorable Melody: 'Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini'**

This international chart-topping tune celebrates the beloved bikini, which debuted in July 1946. Songwriter Paul Vance was inspired to write the song after a day at the beach with his family. His infant daughter struggled with her new yellow bathing suit and eventually lost it to the waves. Teen singer Brian Hyland sang the ditty in 1960, and it's been stuck in our heads ever since.

**July 2025**

**HAPPY BIRTHDAY**

7/28 ..... Sally Erbe  
7/29 ..... Richard Sharrock

July Notables  
Birthstone-Ruby  
Flower-Water Lily  
Zodiac Sign  
July 1-22-Cancer  
July 23-31-Leo  
Birthday Entertainment  
July 16 @ 2:00p.m.-PC/DR  
Mick Cochran




**Happy Birthday**



# July 2025

- CR Community Room    LB Lobby
- PC Personal Care    \*\* Must Sign Up in Binder
- DR Dining Room
- CH Chapel
- CB Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Hershey Kiss Debuts-1907</b> 1 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: orange;">CH</span> Devotions 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> <b>Chair Yoga w/Fox</b> 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: blue;">CB</span> "31" card game	2 9:00 <span style="color: green;">CR</span> Exercise 9:30 <span style="color: blue;">**</span> <b>Shop Giant-LB</b> 10:30 <span style="color: green;">LB</span> Walk w/a friend 12:00 <span style="color: blue;">**</span> <b>Chinese Lunch In</b> 2:00 <span style="color: red;">DR</span> Bingo 3:30 <span style="color: blue;">CB</span> "Let's Roll Dice" Game	3 9:00 <span style="color: green;">CR</span> Exercise 11:00 <span style="color: blue;">CB</span> <b>Activity Mtg. w/Maureen</b> 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> Chair Yoga w/Fox 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: green;">LB</span> Watermelon Social	<b>Independence Day</b> 4 9:00 <span style="color: orange;">CH</span> Catholic Communion 9:00 <span style="color: green;">CR</span> Exercise 1:00 <span style="color: blue;">CB</span> Poker	5 9:00 <span style="color: green;">CR</span> Exercise 1:30 <span style="color: blue;">CB</span> <b>Afternoon Movie</b> 2:00 <span style="color: blue;">PC</span> Bingo-DR 3:30 <span style="color: blue;">CB</span> Pool Sharks
6 9:15 <span style="color: orange;">CH</span> Church Service 1:00 <span style="color: orange;">CH</span> Prayers & Rosary	7 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: blue;">**</span> <b>Shop Giant-LB</b> 11:00 <span style="color: blue;">CB</span> Dominoes 2:00 <span style="color: red;">DR</span> <b>Michael @ the Piano-DR</b> 3:15 <span style="color: green;">LB</span> Trivia	8 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: orange;">CH</span> Devotions 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> <b>Chair Yoga w/Fox</b> 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: blue;">CB</span> "500" Rummy 3:00 <span style="color: orange;">CH</span> Catholic Mass 5:00 <span style="color: red;">DR</span> <b>Dinner w/Maureen</b>	9 9:00 <span style="color: green;">CR</span> Exercise 10:30 <span style="color: green;">LB</span> Walk w/a friend 2:00 <span style="color: red;">DR</span> Bingo 3:30 <span style="color: blue;">CB</span> Racko card game	10 9:00 <span style="color: green;">CR</span> Exercise 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> Chair Yoga w/Fox 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: green;">LB</span> Happy Hour 7:00 <span style="color: orange;">CH</span> Baptist Church Service	11 9:00 <span style="color: orange;">CH</span> Catholic Communion 9:00 <span style="color: green;">CR</span> Exercise 9:30 <span style="color: blue;">**</span> <b>Trip to Ollie's-LB</b> 1:00 <span style="color: blue;">CB</span> Poker 1:00 <span style="color: blue;">**</span> <b>Trip to Flinchbaugh's-LB</b>	12 9:00 <span style="color: green;">CR</span> Exercise 1:30 <span style="color: blue;">CB</span> <b>Afternoon Movie</b> 2:00 <span style="color: blue;">PC</span> Bingo-DR 3:30 <span style="color: blue;">CB</span> Mini golf
13 9:15 <span style="color: orange;">CH</span> Church Service 1:00 <span style="color: orange;">CH</span> Prayers & Rosary	14 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: blue;">**</span> <b>Shop @ Dollar Tree-LB</b> 11:00 <span style="color: blue;">CB</span> Dominoes 2:00 <span style="color: blue;">PC</span> <b>Music w/Pat-DR</b> 3:15 <span style="color: green;">LB</span> Trivia	15 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: orange;">CH</span> Devotions 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> <b>Chair Yoga w/Fox</b> 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: blue;">CB</span> "31" card game	16 9:00 <span style="color: green;">CR</span> Exercise 10:30 <span style="color: green;">LB</span> Walk w/a friend 12:00 <span style="color: green;">CR</span> <b>Birthday Dinner-PC</b> 2:00 <span style="color: blue;">PC</span> <b>Mick entertains-DR</b> 3:15 <span style="color: red;">DR</span> Bingo	17 9:00 <span style="color: green;">CR</span> Exercise 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> Chair Yoga w/Fox 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: green;">LB</span> Fruit Smoothies	18 9:00 <span style="color: orange;">CH</span> Catholic Communion 9:00 <span style="color: green;">CR</span> Exercise 1:00 <span style="color: blue;">CB</span> Poker 1:00 <span style="color: blue;">**</span> <b>Trip to Dairy Queen</b>	19 9:00 <span style="color: green;">CR</span> Exercise 1:30 <span style="color: blue;">CB</span> <b>Afternoon Movie</b> 2:00 <span style="color: blue;">PC</span> Bingo-DR 3:30 <span style="color: blue;">CB</span> Pool Sharks
20 9:15 <span style="color: orange;">CH</span> Church Service 1:00 <span style="color: orange;">CH</span> Prayers & Rosary 2:00 <span style="color: blue;">PC</span> <b>Bluegrass Music-DR</b>	21 9:00 <span style="color: green;">CR</span> Exercise 9:30 <span style="color: blue;">**</span> <b>Shop @ Weis Mkts.-LB</b> 11:00 <span style="color: blue;">CB</span> Dominoes 12:45 <span style="color: red;">DR</span> <b>Food Comm. Mtg.</b> 2:00 <span style="color: blue;">PC</span> <b>Music w/Joey-DR</b> 3:15 <span style="color: green;">LB</span> Trivia	22 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: orange;">CH</span> Devotions 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> <b>Chair Yoga w/Fox</b> 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: blue;">CB</span> "500" Rummy	<b>Lighthouse Day 1715</b> 23 9:00 <span style="color: green;">CR</span> Exercise 10:00 <span style="color: green;">CR</span> <b>History of Lighthouses</b> 10:30 <span style="color: green;">LB</span> Walk w/a friend 2:00 <span style="color: red;">DR</span> Bingo 3:30 <span style="color: blue;">CB</span> "Let's Roll Dice" Game	24 9:00 <span style="color: green;">CR</span> Exercise 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> Chair Yoga w/Fox 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: green;">LB</span> Happy Hour	25 9:00 <span style="color: orange;">CH</span> Catholic Communion 9:00 <span style="color: green;">CR</span> Exercise 9:45 <span style="color: blue;">**</span> <b>Trip to "5 Below"-LB</b> 11:15 <span style="color: blue;">**</span> <b>Lunch to Hosses-LB</b> 1:00 <span style="color: blue;">CB</span> Poker 1:30 <span style="color: blue;">**</span> <b>Trip to Shrewsbury Mkts.</b>	26 9:00 <span style="color: green;">CR</span> Exercise 1:30 <span style="color: blue;">CB</span> <b>Afternoon Movie</b> 2:00 <span style="color: blue;">PC</span> Bingo-DR 3:30 <span style="color: blue;">CB</span> Mini golf
27 9:15 <span style="color: orange;">CH</span> Church Service 1:00 <span style="color: orange;">CH</span> Prayers & Rosary	28 9:00 <span style="color: green;">CR</span> Exercise 9:30 <span style="color: blue;">**</span> <b>Shop @ Dollar General-LB</b> 11:00 <span style="color: blue;">CB</span> Dominoes 12:45 <span style="color: red;">DR</span> <b>Town Hall Mtg.</b> 2:00 <span style="color: blue;">PC</span> <b>"Sweet Life" entertains-DR</b> 3:15 <span style="color: green;">LB</span> Trivia	29 9:00 <span style="color: green;">CR</span> Exercise 10:15 <span style="color: orange;">CH</span> Devotions 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> <b>Chair Yoga w/Fox</b> 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: blue;">CB</span> "31" card game	30 9:00 <span style="color: green;">CR</span> Exercise 10:30 <span style="color: green;">LB</span> Walk w/a friend 2:00 <span style="color: red;">DR</span> Bingo 3:30 <span style="color: blue;">CB</span> Racko card game	31 9:00 <span style="color: green;">CR</span> Exercise 11:00 <span style="color: blue;">CB</span> Brainbusters 1:15 <span style="color: green;">CR</span> Chair Yoga w/Fox 2:00 <span style="color: blue;">CB</span> Fox Fitness 3:00 <span style="color: green;">LB</span> Root Beer Floats		



"Then & Now"

## Popular Baby Names

Take a look at how the most popular baby names have changed over the years. Names are listed from the most popular on.

Decade	Names
1930s	<b>Girls:</b> Mary, Betty, Barbara, Shirley, Patricia, Dorothy, Joan <b>Boys:</b> Robert, James, John, William, Richard, Charles, Donald
1940s	<b>Girls:</b> Mary, Linda, Barbara, Patricia, Carol, Sandra, Nancy <b>Boys:</b> James, Robert, John, William, Richard, David, Charles
1950s	<b>Girls:</b> Mary, Linda, Patricia, Susan, Deborah, Barbara, Debra <b>Boys:</b> James, Michael, Robert, John, David, William, Richard
1960s	<b>Girls:</b> Lisa, Mary, Susan, Karen, Kimberly, Patricia, Linda <b>Boys:</b> Michael, David, John, James, Robert, Mark, William
1970s	<b>Girls:</b> Jennifer, Amy, Melissa, Michelle, Kimberly, Lisa, Angela <b>Boys:</b> Michael, Christopher, Jason, David, James, John, Robert
1980s	<b>Girls:</b> Jessica, Jennifer, Amanda, Ashley, Sarah, Stephanie, Melissa <b>Boys:</b> Michael, Christopher, Matthew, Joshua, David, James, Daniel
1990s	<b>Girls:</b> Jessica, Ashley, Emily, Sarah, Samantha, Amanda, Brittany <b>Boys:</b> Michael, Christopher, Matthew, Joshua, Jacob, Nicholas, Andrew
2000s	<b>Girls:</b> Emily, Madison, Emma, Olivia, Hannah, Abigail, Isabella <b>Boys:</b> Jacob, Michael, Joshua, Matthew, Daniel, Christopher, Andrew

# "This Month In History"

## JULY

**1799:** French soldiers make a discovery that helps scholars decode Egyptian hieroglyphics. The Rosetta Stone—so named for the town near which it was found—includes the same text in Greek and Egyptian, providing the key necessary to unlock the meaning of the picture-based hieroglyphs.

**1826:** Former Presidents Thomas Jefferson and John Adams both die on the Fourth of July, half a century after each man signed the Declaration of Independence.

**1847:** The United States Post Office introduces the first postage stamps: a five-cent stamp featuring Benjamin

Franklin and a 10-cent stamp honoring George Washington.

**1903:** The Tour de France hosts its first race outside of Paris.

**1955:** Disneyland welcomes its first guests to "The Happiest Place on Earth" in Anaheim, Calif.

**1969:** Apollo 11, crewed with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, lands on the moon.

**1979:** Sony reveals the first portable cassette player—the Walkman.

**1985:** More than a billion people tune in to watch Live Aid, a concert featuring stars including David Bowie, Bob Dylan, Elton John and Queen. The concert raised more than \$140 million for famine relief in Ethiopia.

**2002:** American businessman Steve Fossett becomes the first solo adventurer to fly around the world in a balloon without stopping.